RIDGEWOOD CREW

QUICK FACTS

Started in Spring 2005 with **26** rowers; grew to **63** rowers by Spring 2011.

Involves...

Winter Conditioning
January Tryouts
February Land Training
Water Practices Starting in March
Regatta Competitions in April & May
Rowers are required to attend all scheduled practices and regattas including during Spring break

Rowing a 2,000 meter race (1.25 miles) takes the same physical toll as playing two back-to-back basketball games.

Rowing uses more muscle groups than almost any other sport.

Rowing was the first intercollegiate sport in the United States

Fee per rower for Spring 2011 Season: $1,775 (the fee has not increased in 3 years)

Although Ridgewood Crew Rowers must attend RHS, Ridgewood Crew receives no public funding and is not affiliated with RHS or the Village of Ridgewood. Ridgewood Crew relies exclusively on annual dues, fundraising activities as well as the generosity of businesses and individuals to support its mission.

Cost of...

...a new quad (4-person boat): $18,300
...a new double (2-person boat): $9,600
...a pair of oars: $500 (Ridgewood Crew uses 40 pairs) ...the rowing experience for Ridgewood youth: priceless!