**Rower Information:**

Rower Name (Last)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(First)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Rower Cell #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Rower Email Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade entering in 9/2018\_\_\_\_\_\_\_\_\_

**Parent/Guardian Information:**

Parent 1 Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent 2 Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Address (If different than rower’s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent 1 Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent 1 Cell\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent 2 Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent 2 Cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Special Instructions:**

If you are new to Ridgewood Crew, A completed Ridgewood Crew Waiver (listed under “Forms”), and completed swim test form must be attached to this registration.

All programs must be prepaid, with the check payable to Ridgewood Crew. Receipt of check is required for participation confirmation. No refunds will be provided for athletes who drop out of the program.

Please mail the completed Sign-Up Sheet, Ridgewood Crew Waiver, and check to:

Ann Hida/Ridgewood Crew

373 Shelbourne Ter

Ridgewood, NJ 07450

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| **Summer Session**  |
| **Elite Camp:** Intended for athletes that are recommended by the coach or are committed to bring their skill and fitness level to a higher standard. Athletes selected for this group are expected to attend every practice and regatta. |
| **DATES\*** | **DAYS** | **TIME** | **COST** | **SELECT** |
| June 13 – June 20  | Tuesday – Friday  | 4pm – 6pm | $850 |  |
|  | Saturday – Sunday  | 8am – 10am |
| June 21 – July 21  | Tuesday – Sunday | 8am – 10am  |
| **Intermediate Camp:** Intended for athletes with one year of experience or athletes that can't commit to the Elite Summer criteria. Program focuses on developing rowing technique and overall fitness. |
| **DATES\*** | **DAYS** | **TIME** | **COST** | **SELECT** |
| June 13 – June 20 | Tue/Wed/Fri | 4 – 6pm | $400 |  |
| June 22 – July 20 | Tue/Wed/Fri | 11am – 1pm  |
| **College Program:** For college athletes that want to develop/learn sculling technique. For college athletes that would like to compete at National Level (sculling). |
| **DATES\*** | **DAYS** | **TIME** | **COST** | **SELECT** |
| May 28 – July/AugustCustomized | Customized | Customized |  |  |
| \*No practice on July 4 |
| **REGATTAS** |
| **Elite** |
| 1: IDR (Philadelphia, June 29-30, 2018) |
| 2: Club Nationals (Camden, July 11-15, 2018) |
| 3: Philadelphia Youth Regatta (Philadelphia, July 21, 2018) (All Boats) |
| 4: Canadian Henley (St. Catherine, August 7-12, 2018)(Tentative) |
| 5: Junior World Tryouts (TBD) Selected Crews (For crews with the commitment and skills to compete at the Junior Worlds Tryout) |
| **Note:** Athletes selected to race at the Canadian Henley will keep training once the Elite Summer Camp ends. |
| **Intermediate** |
| 1: Philadelphia Youth Regatta (Philadelphia, July 21st, 2018) |
| **College** |
| 1: TBD with the rowers. |

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| **Private Lessons** (To be coordinate with coaches)  |
| 1: For 1 Rower: $40 x hour |
| 2: For 2 Rowers: $60 x Hour |
| 3: For 3 Rowers: $80 x Hour |
| 4: For 4 Rowers: $100 x Hour |