

## News for Immediate Release

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## <u>Ridgewood Crew Brings Home a Gold, Notches Six Top 10</u> <u>Finishes Overall at Head of the Schuylkill Regatta</u>

**Oct 29, 2023, Philadelphia, Pennsylvania** – Ridgewood Crew enjoyed a hard-fought victory in the Jim Barker Cup series and scored five other top 10 finishes on Sunday at the prestigious Head of the Schuylkill Regatta, a 4,150-meter head course in Philadelphia, Pennsylvania. Now in its sixth decade, the Head of the Schuylkill Regatta attracts rowers from around the world, and this year featured nearly 2,200 entries in high school, university, and masters categories from 276 clubs, four countries.



The 2023 Jim Barker Mens High School frosh/novice singles gold-medal rower Graham Richardson, alongside Ridgewood Crew Coaches Lauren Tedeschi, Boris Roque-Alvarez, and Kassandra Luna (left to right). (Photo courtesy of R. Richardson.) The highlight of the day for Ridgewood Crew was Graham Richardson's gold-medal winning performance in the Jim Barker Mens High School frosh/novice singles race (15:26). The 14-year-old Richardson beat out 27 other rowers to claim victory by a razor-thin margin. Just four-and-a-half seconds separated the first, second, and third place rowers.

All the high school singles races at the Head of the Schuylkill are named in honor of Jim Barker, a US rowing legend. Barker, a national singles champion in 1948, amassed 24 national championship titles during his career and has been inducted into the National Rowing Hall of Fame.

"We're happy with this past weekend's results since this is an international competition and our team is made up mostly of young rowers," said Ridgewood Crew head coach Boris Roque-Alvarez. He also singled out Richardson for his performance on Sunday and this fall. "He's had a medal in every single race this season, sometimes racing against rowers of a much older age group. Impressive results for such a young rower!"

Samantha Ponomarciuc scored a 5th-place finish — the second-highest for Ridgewood Crew on Sunday — in the Jim Barker Womens High School junior varsity singles race (17:23). Will Carroll came in 6th out of 41 boats in the Jim Barker Mens junior varsity race (15:25).

Other Ridgewood standout performances included a 6th-place finish for the Mens High School junior varsity pairing of Sam Scharfenberg and Tristan Riedel (13:43), who faced a very crowded field featuring 43 other boats. In the Womens category of this junior varsity race, Thelma Flowers and Samantha Ponomarcium came in 10th (15:55).

In the quad races, the Mens High School junior varsity team of Will Nasr, Lucas Evers, Will Carroll, and Umhjoo Han claimed Ridgewood's fastest time of the day on the course (12:45), good enough for a 10th place finish out of 37 boats overall.

Full times and results for Ridgewood Crew at the 2023 Head of the Schuylkill Regatta can be found at <u>https://www.herenow.com/results/#/races/21181/results</u>.

## Full Ridgewood Crew Results for the 2023 Head of the Passaic Regatta:

Jim Barker Mens High School Varsity 1x	14th 43rd	Will Nasr Moritz Kirchoff-Lajonchere
Jim Barker Mens High School Junior	6th	Will Carroll
Varsity 1x	16th	Matthew Moomjy
Jim Barker Womens High School Junior	31st	Lucas Evers
Varsity 1x	5th	Samantha Ponomarciuc

Jim Barker Mens High School Frosh/Novice 1x	lst	Graham Richardson
Womens High School Frosh/Novice 2x	16th	Maya Ashwin/Hallie Newman
Mens High School Varsity 4x	10th	Will Nasr/Lucas Evers/Will Carroll/Umhjoo Han
	15th	Michael Lyakerman/Daniel Kelly/Henry Rivera/Moritz Kirchhoff-Lajonchere
Mens High School Junior Varsity 4x	11th	Sam Scharfenberg/Tristan Riedel/Graham Richardson/Luciano Saladino
	13th	James Ryan/Paul Hallowell/Matthew Moomjy/John Aguila
	21st	John Cavagnuolo/Gryphon Smith/Erik Gregorson/Mathias Nguyen-Van-Duong
Womens High School Junior Varsity 4x	16th	Julia Smith/Aoife Ali/C Kirchhoff-Lajonchere/Ariana Wilk
Mens High School Varsity 2x	22nd	Conor Sullivan/Henry Rivera
	24th	Michael Lyakerman/Daniel Kelly
	43rd	Damon Dessel/Mateo Reyes
Mens High School Junior Varsity 2x	6th	Sam Scharfenberg/Tristan Riedel
	16th	Matthew Moomjy/Umhjoo Han
	23rd	Luciano Saladino/John Aguilar
Womens High School Varsity 2x	13th	Anais Friedrich/Elsa Friedrich
Womens High School Junior Varsity 2x	10th	Thelma Flowers/Samantha Ponomarciuc