



News for Immediate Release

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Mens 4x 4th place C: W. Nasr/L. Evers/M. Moomjy/U. Hah Photo by Paul Evers

Ridgewood Crew Kicks Off Summer Regatta Season

Ridgewood, New Jersey, July 2, 2023 – The Ridgewood Crew team participated in the Independence Day Regatta, the first competition of the 2023 summer series. This Philadelphia regatta has attracted top teams from across the country for over 130 years. Ninety seven clubs competed in the three-day event, with Ridgewood Crew racing 13 boats. Our top finishers included:

4th place	Mens U17 4x	W. Nasr/L. Evers/M. Moomjy/U. Han
4th place	Womens U17 1x	E. Mohanram

The team continues to prepare for the upcoming regional summer regattas and the Royal Canadian Henley Regatta from August 6-13.

Complete results and race times are available at:

https://www.regattacentral.com/regatta/results2/eventResults.jsp?job_id=8239&event_id=56

About Ridgewood Crew

Ridgewood Crew introduces Ridgewood, NJ high school-aged youth to the traditions, athleticism, sportsmanship, techniques and camaraderie of the sport of rowing. Founded in 2004, the team rows on the Passaic River in northern NJ and competes in the sport's premier regattas held throughout the Northeast.

In the program's short history, our youth, board and parent volunteers have moved Ridgewood Crew forward by leaps and bounds. That success is represented by the widespread individual and team achievements of each of the student-athletes on the roster. To facilitate that success, Ridgewood Crew continues to make investments in coaching and new equipment. The coaching staff is one of the most experienced in program history.

Ridgewood Crew athletes compete in the highly competitive US Rowing Nationals, SRAA Nationals, Stotesbury Cup Regatta, Philadelphia City Championships, Passaic River Northern NJ Championships, Cooper Cup, Garden State Championships, and Manny Flicks Regattas.

Additionally, the team's overall performance continues to attract interest from top rowing colleges and universities including Boston College, Boston University, Bucknell, Columbia, Cornell, University of Delaware, Drexel, Duke, Fairfield, Fordham, George Mason, Georgetown, Harvard, Holy Cross, Ithaca, Lehigh, Marist, Northeastern, Notre Dame, Purdue, Rutgers, Skidmore, Syracuse, Trinity College, Williams, and others.

Space is still available in our Learn to Row (LTR) program for both girls and boys in middle and high school. Introductory sessions are held each weekend through July 17-18, 2023 and again in the fall. Visit www.ridgewoodcrew.com for videos of our team and registration forms.

Ridgewood Crew offers several ways for you to experience our mission: join the team, volunteer, or donate.

For more information contact Ridgewood Crew at ridgewoodcrew2k@gmail.com or visit our website <http://www.ridgewoodcrew.com>.