



## Ridgewood Crew Physician Clearance Form Spring Season 2021

Your patient, \_\_\_\_\_, date of birth \_\_\_\_\_  
is interested in participating in the Spring 2021 competitive rowing program conducted by  
Ridgewood Crew. Competitive rowing is a very strenuous activity requiring a high level of  
physical fitness and endurance.

Based on your knowledge, treatment, and examination of the above patient, please indicate  
whether he/she has any condition which in any way limits or prevents his/her participation in a  
competitive rowing program. By completing the form below, you are not assuming any  
responsibility for Ridgewood Crew's administration of its rowing program.

Patient is cleared to participate, with no restrictions

Patient is cleared to participate with the following restrictions:

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Patient is NOT cleared to participate at this time

Doctor's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's stamp: